



Steppin' off the Page

HOME TO DONEGAL

Heather Barton & Niels Poulsen



2020 DANCE

96 COUNT, 2 WALL, INTERMEDIATE (VIENNESE WALTZ)

INTRO: Restart:	START AFTER 24 COUNTS, APP. 14 SECS. INTO TRACK. START WITH WEIGHT ON L FOOT, FACING 12:00 ON WALL 8, AFTER 24 COUNTS, FACING 12:00.
Section 1 1 – 3 4 – 6 7 – 9 10 – 12	¼ R SWEEP, WEAVE, STEP SLIDE R, ¼ L RUN RUN RUN Turn ¼ R stepping R fwd starting to sweep L from back to front (1), finish sweep (2-3) 3:00 Cross L over R (4), step R to R side (5), cross L behind R (6) 3:00 Step R to R side (7), slide L towards R (8), touch L next to R (9) 3:00 Turn ¼ L stepping L fwd (10), step R fwd (11), step L fwd (12) ... OR turn 1 ¼ L 12:00
Section 2 1 – 3 4 – 6 7 – 9 10 – 12 Restart:	½ L SWEEP, BEHIND SIDE CROSS, STEP SLIDE TO R SIDE, SIDE L WITH R BACK ROCK Turn ½ L stepping R back starting to sweep L from front to back (1), finish sweep (2-3) 6:00 Cross L behind R (4), step R to R side (5), cross L over R (6) 6:00 Step R a big step to R side (7), slide L next to R (8-9) 6:00 Step L to L side (10), rock R behind L (11), recover onto L (12) 6:00 Here on wall 8, facing 12:00
Section 3 1 – 3 4 – 6 7 – 9 10 – 12	1/8 R FWD R WITH L SWEEP, FWD L POINT R, ½ R SWEEP, WALK L, DRAG, STEP R FWD Turn 1/8 R stepping R fwd (1), sweep L fwd from back to front (2-3) 7:30 Step L fwd (4), point R sharply to R side (5), HOLD but prep your body slightly to L (6) 7:30 Turn ½ R onto R starting to sweep L from back to front (7), finish sweep (8-9) 1:30 Walk L fwd (10), drag R towards L (11), step R fwd (12) 1:30
Section 4 1 – 3 4 – 6 7 – 9 10 – 12	DIAMOND TURNING 7/8 L Step L fwd (1), turn 1/8 L stepping R to R side (2), turn 1/8 L stepping back on L (3) 10:30 Step back on R (4), turn 1/8 L stepping L to L side (5), turn 1/8 L stepping R fwd (6) 7:30 Step L fwd (7), turn 1/8 L stepping R to R side (8), turn 1/8 L stepping back on L (9) 4:30 Step back on R (10), turn 1/8 L stepping L to L side (11), step R fwd (12) 3:00
Section 5 1 – 3 4 – 6 7 – 9 10 – 12	FWD L WITH R HITCH, BACK ½ L, FWD L WITH R HITCH, RUN BACK RLR Step L fwd hitching R slowly (1-3) 3:00 Step back on R (4), turn ½ L stepping fwd onto L (2), step R fwd (3) 9:00 Step L fwd hitching R slowly (7-9) 9:00 Step back on R (10), step back on L (11), step back on R (12) 9:00
Section 6 1 – 3 4 – 6 7 – 9 10 – 12	¼ L INTO L SIDE ROCK, SYNCOPATED ROLLING VINE, R STEP SLIDE, CROSS ROCK ¼ L Turn ¼ L rocking L to L side (1), slowly turn body slightly L leaving R foot pointed R (2-3) 6:00 Turn ¼ R stepping R fwd (4), HOLD (5), turn ½ R stepping L back (6) 3:00 Turn ¼ R stepping R a big step to R side (7), slide L towards R (8-9) 6:00 Cross rock L over R (10), recover back on R (11), turn ¼ L stepping L fwd (12) 3:00
Section 7 1 – 3 4 – 6 7 – 9 10 – 12	FULL SPIRAL TURN L, L FWD WITH R SWEEP, WEAVE, STEP SLIDE Step R fwd starting a full spiral turn (1), finish spiral turn (2-3) 3:00 Step L fwd starting to sweep R from back to front (4), finish sweep (5-6) 3:00 Cross R over L (7), step L to L side (8), cross R behind L (9) 3:00 Step L to L side (10), slide R next to L (11-12) 3:00
Section 8 1 – 3 4 – 6 7 – 9 10 – 12	¼ R FWD R WITH L SWEEP, FWD L WITH R SWEEP, CROSS SIDE ROCK, WEAVE Turn ¼ R stepping R fwd starting to sweep L from back to front (1), finish sweep (2-3) 6:00 Step L fwd starting to sweep R fwd from back to front (4), finish sweep (5-6) 6:00 Cross R over L (7), rock L to L side (8), recover weight to R (9) 6:00 Cross L over R (10), step R to R side (11), cross L behind R (12) 6:00
Begin again	
Ending	DURING YOUR LAST WALL (WALL 9), WHICH STARTS AT 12:00, SLOW DOWN THE LAST 12 COUNTS WITH THE MUSIC. THEN TURN ¼ R ONTO R SWEEPING L ANOTHER ¼ R TO END AT THE FRONT AGAIN 12:00

Choreographer: Heather Barton (UK) & Niels Poulsen (DK)
Choreographed to: Home to Donegal by Nathan Carter.
 Live-version (5:45 mins long), from 'Live at the Marquee Cork'

